

**Supplementary Table****Example of a question from the questionnaire**Feedback based on self-monitoring

*This involves providing the patient with data about his/her own recorded behaviour(s) and teaching them to self-evaluate their behaviour(s); e.g., in a diary*

How important is feedback based on self-monitoring for enhancing adherence to dietary advice in Canada?

1	2	3	4	5	6	7
Very unimportant	Unimportant	Slightly unimportant	Neither important nor unimportant	Slightly important	Important	Very important
Unimportant		Neutral			Important	

Comments: \_\_\_\_\_

According to your experience, what is the applicability of feedback based on self-monitoring in the Canadian context?

1	2	3	4	5	6	7
Very inapplicable	Inapplicable	Slightly inapplicable	Neither applicable nor inapplicable	Slightly applicable	Applicable	Very applicable
Inapplicable		Neutral			Applicable	

Comments: \_\_\_\_\_